

“The Annunciation of the Angel Gabriel to Mary”...



FROM THE GOSPEL ACCORDING TO - LUKE-:

“[The angel Gabriel], entering to her, said: ‘Rejoice, O you who are full of grace! The Lord is with you.’ At these words, she was very troubled, and she asked herself what the meaning of such a greeting might be.” (Luke 1:28-29)¹

MEDITATION ON THE MYSTERY:

Lord, give us also the grace to say in a certain way, like Mary, “What is the meaning of this greeting?” What is the meaning of this story? What is the meaning of this event? And if we have understood, give us the grace to say “yes” like Mary did! (SLC, pp. 64-65)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- Regarding those who do not want to understand announcements or say yes to God, St. Augustine says, “Sometimes those who are perverse in spirit are afraid of understanding because they do not want to have to put into practice what they could have understood.” (AUGUSTINE, *Discorsi*, CLVI,1)

¹ from the Italian Jerusalem Bible (CEI) 2008, unpublished translation by pfgsm

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...